



PLAN IT! - LESSON

Teacher Overview

Students will learn about the importance of planning and how to be safe while enjoying different activities in the forest.

Learning Objectives

Students will:

- Understand that outdoor activities in forests need some planning in order to be fun and safe
- Describe the most important things they need if they are planning and undertaking an activity in a forest.

Background

Forest areas contain many unseen and unpredictable hazards that cannot be removed or controlled. Conditions need to be checked and people should always let someone else know what they are doing and tell someone where you're going and when you expect to be back. If bushwalking or camping you must have the right equipment, including a map, extra clothing, first aid kit and torch. Water is sometimes provided, but always carry adequate drinking water just in case. If needed, any water not suitable for drinking should be boiled for five to ten minutes before drinking. When walking, wear sturdy footwear should be worn. Ticks and leeches are common, particularly over warmer months. Be careful camping under trees, especially during windy weather when branches are more likely to fall.

Be careful after rain or snow because road surfaces can be hazardous. Watch out for native animals when driving through bushland areas – for both your and theirs. Obey signs and respect road closures due to timber harvesting, fire or other incidents.

Activity – Plan It

There is one activity in this lesson. It enables students to think about safety and hazards when undertaking activities in forests.

1. Students break into three groups to discuss what sort of safety considerations they would need to make before undertaking activities in the forest
2. Each group chooses an activity and records the three most important things they need to take with them and present this to the class
3. Students individually complete the student worksheet Plan it!
4. Teacher collects the worksheet for marking

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